



How Do I

How Do I Cope With Someone Who Always Thinks They Are RIGHT?

Overview

The more you disagree with someone, the more committed they become to their position. People who are steadfast and determined about their view being right, correct, inarguable or absolute, completely frazzle us. These interactions press all manner of buttons and often end up in arguments, stalemates or emotionally packed events, none of which is productive or pleasant. Learning how to manage these situations better, is something we all must practice vigilantly.

Tips

1. We all fall into the practice of believing we know better than everyone else or believing that we know what really happened, or what the truth is. And then we try to prove it. The situation that is the result is often called an argument. *Any time you are disagreeing, arguing or partaking in passive resistance, both parties are being **righteous** - arguing who is 'righter' than the other. This includes YOU.
2. **Stop** trying to convince the other person - that's not how the game is played. That combat (for that is what it is) will go on and on even if the talking stops. * You need to step your thinking up and not get sucked into the argument or disagreement because even if you win, you lose some good feelings and good will in there as well. The minute you engage you become part of the problem itself.
3. **Avoid** the he said - she said conversations; gossip; useless conjecture or exaggeration. * Have a rule for yourself that you do not go there. Trying to convince someone is a LOL indicator that you are heading for an argument of some kind. If you find yourself excusing, blaming or justifying, know that you are heading for a righteous place again.
4. Any time someone is letting you know they are 'right' ask lots of questions about how they know, where they got the information, why they are convinced it's the right way to go? *The best form of coping with this situation or personality is to get the other party to **verify** their stand - not argue with it. Your job is to find the flaws and ask questions about them! This produces a conversation, not a confrontation.
5. Getting bogged down in who is right and who is wrong almost never produces any kind of valuable outcome. *Your goal is to always step your thinking up from the debate, to **why** getting it right is important and how you can do that together.

Remember: The secret is to manage your own reaction to the other person, not try to convince them of your point of view.